Coverage Period: 01/01/2024 – 12/31/2024

Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.ACBLBenefits.com">www.ACBLBenefits.com</a> or call 1-866-885-1033. For general definitions of common terms, such as <a href="https://www.ACBLBenefits.com">allowed amount</a>, <a href="https://www.acblbenefits.com">balance billing</a>, <a href="https://www.acblbenefits.com">coinsurance</a>, <a href="https://www.acblbenefits.com">copayment</a>, <a href="https://www.acblbenefits.com">deductible</a>, <a href="https://www.acblbenefits.com">provider</a>, or other <a href="https://www.acblbenefits.com">underlined</a> terms see the Glossary. You can view the Glossary at <a href="https://www.acblbenefits.com">www.acblbenefits.com</a> or call 1-866-885-1033 to request a copy.

Important Questions	Answers			Why This Matters:	
		Network	Non-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u>	
What is the overall deductible?	Per participant:	\$1,500	\$3,000	amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the	
	Per family:	\$3,000	\$6,000	total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your <u>deductible?</u>	Yes, in-network pre services, well newb services, and outpa use disorder service covered before the	orn baby care, tient mental he es, and prescrip	telemedicine alth/substance otion drugs are	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .	
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.	
	Medical Out-of-Pocket				
		Network	Non-Network		
	Per participant:	\$4,000	Unlimited		
What is the out-of-pocket	Per family:	\$8,000	Unlimited	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>	
<u>limit</u> for this <u>plan</u> ?	Prescription Drug Out-of-Pocket			pocket limits until the overall family out-of-pocket limit has been met.	
		Network	Non-Network		
	Per participant:	\$4,000	Unlimited		
	Per family:	\$8,000	Unlimited		
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance Plan doesn't cover,			Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .	

	maximums, charges in excess of maximum allowed amounts, pre-certification penalties, and non-medically necessary services.	
	Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied toward satisfying your out-of-pocket limits.	
Will you pay less if you use a <u>network provider</u> ?	Yes, for medical: Anthem. See  www.ACBLBenefits.com or call 1-866-885-1033 for a list of network providers.  Yes, for prescription drugs: Express Scripts, Inc. For a list of retail and mail pharmacies, log on to www.express-scripts.com or call 1-866-885-1033.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need		Non-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	25% coinsurance	50% coinsurance	Home visits are covered.	
If you visit a health care provider's office	<u>Specialist</u> visit	25% coinsurance	50% coinsurance	Home visits are covered.	
or clinic	Preventive care/screening/ immunization	No Charge, deductible waived	50% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood work)	25% coinsurance	50% coinsurance	none	
If you have a test	Imaging (CT/PET scans, MRIs)	25% coinsurance	50% coinsurance	Pre-certification is required for MRI/MRA and PET scans. Failure to obtain precertification may result in a \$500 reduction in	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.ACBLBenefits.com</u>.

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
				benefits paid by the Plan.
	Generic drugs	Retail: \$10 copayment/rx, deductible waived Mail Order: \$25 copayment/rx, deductible waived	Not Covered	Retail: limited to a thirty-four (34) day supply.  Mail Order: limited to a one hundred (100) day supply.  Not all prescription drugs are covered. To
	Preferred brand drugs	Retail: \$40 copayment/rx, deductible waived Mail Order:	Not Covered	determine if a specific drug is covered under your <u>plan</u> , log into your account at <u>www.express-scripts.com</u> .  If you obtain <u>prescription drugs</u> from a nonnetwork pharmacy, you will be required to pay
scripts.com		\$100 copayment/rx, deductible waived		the full cost of the prescription.  For maintenance medications, the <u>Plan</u> only
	Non-preferred brand drugs	Retail: \$75 copayment/rx, deductible waived  Mail Order: \$190 copayment/rx, deductible waived	Not Covered	covers the cost of the original prescription plus two (2) retail pharmacy refills. Following the two (2) retail refills, plan participants must utilize mail order to obtain the medication.  Some drugs may require prior authorization. If not obtained, the drug may not be covered.
		**Retail: 20% coinsurance, deductible waived up to \$150		**Specialty drugs are only covered when obtained through Accredo Specialty Pharmacies. Call 1-800-803-2523 for further information.
	Specialty drugs	**Mail Order: 20% coinsurance, deductible waived up to \$300	Not Covered	Please see "Important Questions" regarding the Plan's out-of-pocket limit for additional information on Specialty drugs.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% coinsurance	50% coinsurance	<b>Pre-certification is required.</b> Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.

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Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Physician/surgeon fees	25% coinsurance	50% coinsurance	none
	Emergency room care	25% coinsurance		Network deductible applies to non-network
If you need immediate medical attention	Emergency medical transportation	25% cc	pinsurance	services.
	<u>Urgent care</u>	25% coinsurance	50% coinsurance	Retail clinics are covered.
If you have a hospital	Facility fee (e.g., hospital room)	25% coinsurance	50% coinsurance	Pre-certification is required. Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
stay	Physician/surgeon fees	25% coinsurance	50% coinsurance	none
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$10 copayment/visit, deductible waived	50% coinsurance	Pre-certification is required for intensive outpatient services and partial hospitalization services. Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
	Inpatient services	25% coinsurance	50% coinsurance	<b>Pre-certification is required.</b> Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
	Office visits	25% coinsurance	50% coinsurance	Cost sharing does not apply for preventive services.  Depending on the type of services, a coinsurance or deductible may apply.
If you are pregnant	Childbirth/delivery professional services	25% coinsurance	50% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	25% coinsurance	50% coinsurance	Pre-certification is required for inpatient stays longer than forty-eight (48) hours for vaginal delivery or ninety-six (96) hours for cesarean delivery. Failure to obtain precertification may result in a \$500 reduction in

 $<sup>\</sup>hbox{$^*$ For more information about limitations and exceptions, see the $\frac{\text{plan}}{\text{plan}}$ or policy document at $\frac{\text{www.ACBLBenefits.com}}{\text{com}}$.}$ 

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
				benefits paid by the Plan.
	Home health care	25% coinsurance	50% coinsurance	Calendar Year Maximum: one hundred and twenty (120) visits. Home infusion services do not apply to the home health care calendar year maximum.
				<b>Pre-certification is required.</b> Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
	Rehabilitation services	25% coinsurance	50% coinsurance	Calendar Year Maximum: thirty-six (36) visits for occupational therapy, thirty-six (36) visits for speech therapy, thirty-six (36) visits for cardiac rehabilitation, and thirty-six (36) visits for pulmonary rehabilitation.
If you need help	Habilitation services	25% coinsurance	50% coinsurance	Inpatient rehabilitation services apply to the skilled nursing care calendar year maximum.  Therapy provided in the home when not
recovering or have other special needs				rendered as part of a <u>home health care</u> plan applies to above maximums.
	Skilled nursing care	25% coinsurance	50% coinsurance	Calendar Year Maximum: one hundred and twenty (120) days combined with inpatient rehabilitation facilities.
	Okilica Harsing care			<b>Pre-certification is required.</b> Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
				Repair/replacement are covered.
	Durable medical equipment	25% coinsurance	50% coinsurance	Pre-certification is required for all rentals and any purchase over \$1,500. Failure to obtain pre-certification may result in a \$500 reduction in benefits paid by the Plan.
	Hospice services	25% coinsurance	50% coinsurance	Lifetime Maximum: three hundred and sixty-five (365) days.
				Pre-certification is required. Failure to obtain

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Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
				pre-certification may result in a \$500 reduction in benefits paid by the Plan.
If your shild poods	Children's eye exam	Not Covered	Not Covered	
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	none
	Children's dental check-up	Not Covered	Not Covered	

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery (except for newborn children or when due to trauma or disease)
- Dental Care (Adult)

- Infertility Treatment
- Long-Term Care
- Non-Emergency Care When Traveling Outside the U.S. (except Global Core)
- Private-Duty Nursing

- Routine Eye Care
- Routine Foot Care (except for plan participants with diabetes)
- Weight Loss Programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Bariatric Surgery (limited to a diagnosis of morbid obesity)
  - Chiropractic Care [limited to twelve (12) visits per calendar year]
- Hearing Aids (limited to \$5,000 for all hearing services per calendar year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. You may also contact the Plan's COBRA Administrator, Wex Health, at 1-866-451-3399. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="mailto:Marketplace">Marketplace</a>. For more information about the <a href="mailto:Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

You may also contact the Care Coordinators for further information. The Care Coordinator's name, address, and telephone number are:

Quantum Health Care Coordinators 5240 Blazer Way Dublin OH 43017 1-866-885-1033

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.ACBLBenefits.com.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-885-1033.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-885-1033.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-885-1033.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-885-1033.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.ACBLBenefits.com.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist cost sharing	25%
■ Hospital (facility) cost sharing	25%
■ Other cost sharing	25%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$1,500		
Copayments	\$10		
Coinsurance	\$2,500		
What isn't covered			
Limits or exclusions	\$20		
The total Peg would pay is	\$4,030		

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,50
■ Specialist cost sharing	25%
■ Hospital (facility) cost sharing	25%
Other cost sharing	25%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

\$12,700

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	

Cost Sharing			
Deductibles	\$1,100		
Copayments	\$500		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$1,600		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
■ Specialist cost sharing	25%
Hospital (facility) cost sharing	25%
Other cost sharing	25%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$10
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,810